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Health benefits of red wine purely commercial, new study says

13.01.2012 | Source: Pravda.Ru



Scientists from the University of Connecticut stated that a number of studies that previously discovered a positive effect from the consumption of red wines, turned out to be false.

About five years ago, experts led by Dr. Dipak K. Das confidently declared that they discovered the benefit of antioxidants, namely resveratrol, in red wine, Newsmax.com.ua said. As stated by the researchers, the

component contributed to decelerating the process of aging.

Later came an anonymous report in which Dr. Das and other laboratory staff were accused of fraud. The report also enumerated 146 facts of data fudging. In this regard, a formal investigation began in 2008. It was revealed that Dr. Das had received \$890,000 of grants for the research, reports Likar.info. The study thus proved to be a commercial advertisement rather than a scientific research.

Simultaneously, the university health center, which employs "Dr. Red Wine", has recently refused to accept another grant from the federal government. The grant was going to be provided to the defamed scientist for his further "scientific" research on the important subject.

In addition, all other earnings from various external sources for "Dr. Red Wine" were frozen. To crown it all, the expert will most likely be fired from the Health Center at the University of Connecticut.

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THE BENEFITS OF RED WINE:

1. Reducing coronary heart disease; the wine is altering the blood lipid levels. It lowers the total cholesterol count, and raises the high density lipoprotein (HDL) levels.
2. Red wine maintains the immune system: red wine does not suppress the immune system like other alcoholic beverages.
3. Polyphenols in wine have a positive effect on your body as well: they are excellent antioxidants. In short: they lower total cholesterol and blood pressure, lessen risks of cancer, stimulate the immune system, and have anti-bacterial properties. See the above mentioned aspects for more detail.
4. Resveratrol (trans-3,5,4'-trihydroxystilbene): is a naturally occurring antioxidant too that decreases the stickiness of blood platelets and helps blood vessels remain open and flexible. It inhibits the enzymes...[See More](#)

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The French people know that red wine has great health benefits. They do not need to read any research done in Connecticut to know this. France is a country of vineyards, for thousand years France has been a country of viniculture since Roman times. For generations and generations the art of making and drinking great red wines has been cultivated, with very positive results for the health and well being of humans.

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Davide Fiume

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