



fresh talk always brewing

PREGNANCY • BABY • TODDLER • BIG KID • TEEN • FOOD&PARTY • HEALTHY LIVING • LOVE&SEX
• IN THE NEWS ENTERTAINMENT • SPORTS • TECHNOLOGY • BEAUTY&STYLE • HOME&GARDEN
• WRITERS • COLUMNS

Search 

What's Brewing



Help Make This Mom's Dying Wish Come True



Banned Baby Name List Is Hilarious (And True!)



Frosted Carrot & Zucchini Mini Muffins



Oh Johnny Depp, Say It Ain't So!



How to Fake Being Fit

FOOD & PARTY

Cheeseburger That Stayed Exactly the Same After a Whole Year Raises Alarm


Posted by [Adriana Velez](#) on January 3, 2012 at 6:37 PM

 Recommend Confirm  Tweet  56  Comments (24) |  Likes (9)

What does a fast food cheeseburger look like when it's sat on the shelf for a whole year? Pretty much the same as it did on Day One. Melanie Hesketh, a California nutritionist, bought a McDonald's cheeseburger a year ago as an experiment. And then she let it sit around for a whole year, unwrapped and unrefrigerated, just to see what would happen. And... **nothing happened.**



The bun got a little stale but otherwise it's pretty much the

 Share Page Recent & Popular Hot Topics

makes me wonder why we choose to eat food like this when even bacteria won't eat it." But what I'm wondering is, if even bacteria won't eat it, does it even count as food?

Maybe we should just call fast food "food-like substances." I mean, why didn't the CHEESE MOLD?!? Have you ever seen the movie, *Diary of a Wimpy Kid*? Remember that ancient moldy cheese slice on the playground? I thought it was kind of ridiculous the way it just stayed there and never disintegrated in the rain and snow. *How unrealistic*, I thought! But maybe a slice of McCheese

The Stir Daily Ten Newsletter
Get our top stories in your inbox.

Follow Us



Piping HOT POSTS

BUZZ IN COMMENTS

- 1 ['Twilight: The Musical': Edward & Bella Sing & Shirtless Jacob Busts a Move!...](#)
- 2 [Breastmilk Donations Needed to Make Mom's Dying Wish Come True](#)
- 3 [Navy SEAL Who Punched Jesse Ventura](#)

4 [Adorable Genius Baby Refuses to Let Daddy Trick Her \(VIDEO\)](#)

5 [Jenelle Evans' Kiss With a Girl Is the Least of Her Problems](#)

6 [Bravo Should Thank Brandi Glanville, Not](#)

Check it

actually *could* live on a playground for that long -- and it was the mold that was unrealistic in the movie!

You have to wonder about a food that has 15-32 different ingredients and isn't a casserole. I mean, what's going on in there? I knew that most fast food comes from a factory and gets shipped out to individual restaurants just for reheating, but this is crazy. If we don't call it food, what else do we call it? Plastic chew toys for humans?

And if plastic chew toys for humans come in a box with a toy surprise, isn't that kind of redundant? Have a toy with your plastic chew toy! Both are delicious and equally nourishing! While we're at it, how much of that gunk does your body even absorb? You know what? The more questions I ask about this little experiment the more grossed out I get. Let's just leave that cheeseburger on the shelf.

Are you surprised to hear that the cheeseburger didn't mold after a year?

Image via [AlishaV/Flickr](#)



ABOUT THE AUTHOR

Adriana Velez is a staff writer who dabbles in parenting, health, food, news, entertainment, and anything else that that pops into her head. She lives with her husband and elementary school-aged son in Brooklyn, land of urban farms and artisan everything. [More](#)

Filed Under: [chain restaurants](#), [eating out](#), [in the news](#)

[Comments \(24\)](#) | [Likes \(9\)](#)

[Recommend](#) [Confirm](#)

[Tweet](#) [56](#)

[Submit](#)

[+1](#) [0](#)

[Email](#)

EXTRA SUGAR

- [New Girl Scout Cookie Is Another Crummy Flop](#)
- [8 T-Shirts You DON'T Want to See on Your Teen Daughter](#)
- [Dead Teen Sued By Victim Hit By His Flying Body Parts](#)
- [Charging Extra for a Happy Meal Toy Is a Win for Everyone](#)
- [7 Easy Steps to Getting Back Into Shape \(Wink, Wink\)](#)
- [These 5 Things Flush 40 lbs. of Fat Out of Your Body](#) (Sponsored - [Newsmax.com](#))

TASTY TREATS FROM OUR PARTNERS

- [Miley Cyrus Shows Some Serious Cleavage!](#) - [tooFab!](#)

- 6 [Punish Her](#)
- 7 [Amber Rose's Kim Kardashian Bashing Won't Make Her Famous](#)
- 8 [Russell Brand & Katy Perry Don't Need People's Choice Awards to Be Their Referee](#)
- 9 [The REAL Van Halen Tours Again! \(VIDEO\)](#)
- 10 [Cheeseburger That Stayed Exactly the Same After a Whole Year Raises Alarm](#)



Advertisement

GUIDES



GIVEAWAYS »



MOMS MATTER 2012 »



RECIPE A DAY »



BREAKFAST »



Partner Headlines

- [How to Spot a Selfish Man in 5 Seconds](#) - *The Frisky*
- [Katy Perry Could Make Millions From Divorce!](#) - *Zap2it*
- [Britney Spears Goes Topless!](#) - *tooFab!*
- [Khloe Kardashian Gets Punk'd \(VIDEO\)](#) - *Wetpaint*

COMMENTS (24)

[Add Comment](#)



billsfan1104 on Jan 3, 2012 at 6:52 PM

This probably explains the reason why my stomach knots up after eating a mcdonalds cheeseburger. They use to be fresh, but not anymore. I prefer the baconater from Wendys.

[Report this comment](#)



AliNoelle on Jan 3, 2012 at 6:56 PM

Nope not surprised as I have done this exact experiment. In my car. On accident.

[Report this comment](#)



jasmineg86 on Jan 3, 2012 at 7:18 PM

reminds me of that movie where the guy ate nothing but mcdonalds for a month. i think he left french fries fo a year with no change. GROSS!

[Report this comment](#)



RhondaVeggie on Jan 3, 2012 at 8:02 PM

It's common knowledge that mcdonalds "food" doesn't mold or degrade for an incredibly long time. I'm sure virtually everyone who eats there knows it and just decides they don't care. I know people who joke that all the preservatives will keep them young.

[Report this comment](#)



Knuckles on Jan 3, 2012 at 8:45 PM

How are people getting fat off this is my question. Does it just never leave their system. Ever. Until they have chipotle..

[Report this comment](#)

Melissa042807 on Jan 3, 2012 at 9:06 PM

...which is why we so rarely eat at McDonald's. But it's childhood comfort food for

MOMENTS

[More Guides](#)

HOT ON FACEBOOK



Create an account or log in to see what your friends are recommending.



[Widowed Mom Murders a Man to Protect Her 3-Month-Old Baby](#)

663 people recommend this.



[Navy SEAL Who Punched Jesse Ventura for Anti-American Talk Should Get a Medal](#)

155 people recommend this.



[Incredibly Brave Dad Lets His Little Kids Climb the Walls -- Literally! \(VIDEO\)](#)

203 people recommend this.

Facebook social plugin

THE STIR ON FACEBOOK



The Stir on Facebook



Confirm

You like this. · [Admin](#)

[Page](#) · [Insights](#) · [Error](#)

You like this. · [Admin](#)

[Page](#) · [Insights](#) · [Error](#)

41,402 people like **The Stir**. 41,401 people like **The Stir**.



Ronda

Megan

Kristen

Vicki



THE STIR ON TWITTER



us, so we indulge in a cheeseburger once in a while. :-) Even knowing they're not really what we consider "food".

[Report this comment](#)



buttercup627 on Jan 3, 2012 at 9:06 PM

Has anyone ever let a homemade cheeseburger sit out for a year?

[Report this comment](#)



sunnytxmom on Jan 3, 2012 at 10:02 PM

Gross, gross, gross! I stopped eating at McD's after watching Super Size Me several yers ago.

[Report this comment](#)



EquestrianMom on Jan 3, 2012 at 10:07 PM

I have (accidentally) done this expiriment with both homemade and purchased cheese burgers. I had someone at a party drop a hamburger (which we don't cook very often) behind my couch, not only was I wondering why my dog was hunting the couch so much, after about three days it started to smell a little funny. I blamed the stink on my dog, til after a week it smelled like something died behind the couch. Yup, nasty, rotten, foul cheese covered burger and rotting bun. YUCK!

Also dropped a burger (oops!) between my porch and house once. It was still wrapped. Again, dog hunted under porch hard, but because they weren't attached, the burger was stuck between two "walls". Almost two years later, we got a new manufactured home, and so the old one had to go. When we tore the porch down, there was the burger! Some rodents had visibly nibbled it, otherwise, just looked a lil dried out. GROSS! Also found a lot of other stuff I had "lost" ;P

But, I still eat those fast food burgers once in a while! Does explain why my lower digestive track gets mad at me when I do though, probably can't start to process it!

[Report this comment](#)



Tortoise77 on Jan 3, 2012 at 10:32 PM

I rather make my own burgers! and yes I have seen a homemade burger sit out. Not for a year but a week and the meat shrunk, the chesse was green and the bread was hard as a rock.

[Report this comment](#)

1-10 of 24 comments

- 1
- 2
- 3
- Next
- Last

#FF We love our partners! [@TooFab](#) [@WetpaintTV](#) [@YahooShine](#) [@YourTango](#) [@Zap2it](#)

4 hours ago

#FF We love our partners! [@Newser](#) [@radar_online](#) [@starpulse](#) [@StylelistHome](#) [@theBERRYdotcom](#) [@TheFrisky](#)

5 hours ago

Breastmilk Donations Needed to Make Mom's Dying Wish Come True: <http://t.co/bJmLuUmw> via [@The_Stir](#) /via [@LikeKilled](#)

5 hours ago



Follow Us On Twitter »

FEATURED CONTRIBUTORS

- | | | | |
|---|--|--|--|
| 
Linda Sharps » | 
Gabrielle Blair » | 
Lindsay Ferrier » | 
Jenny Lawson » |
| 
Jill Smokler » | 
Janelle Harris » | 
Aunt Becky » | 
Eden M. Kennedy » |

[View All »](#)

Advertisement

To leave a comment on this story, please log in with:



GUEST

Leave your comment below. When you click "Submit", you will be prompted to log in to Facebook to continue. After logging in to Facebook, your comment will appear on The Stir with your first name, last name, and Facebook avatar.

Submit »



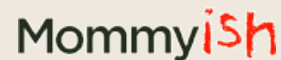
- [The Story Behind Josh Krajcik's Breakup](#)
- [Kelsey Grammer on the 'Magical Night' He Cheated on Camille With New Wife Kayte Walsh on Jimmy Kimmel \(Video\)](#)
- [Are You There, Internet? It's Me, Kanye: Kanye West's Most Ridiculous Tweets](#)



- [Pentagon to Examine Alleged Leaks on bin Laden Movie](#)
- [Katy Perry's Parents: Her Divorce? God's Gift...](#)
- [Drew—and Lots of Other Celebs— Engaged](#)



- [Billy Crystal found just in time for Oscars promo video](#)
- ['Smash': Will you be Team Ivy or Team Karen?](#)
- ['Bent' EP pitches show as 'romantic comedy,' but should he?](#)



- [Evening Feeding: 'I'm Ostracized For Keeping My Maiden Name'](#)
- [Who Is This Santa Enthusiast?](#)
- [66% Of Mommyish Readers Would Feel Safer With A Gun In The House](#)



- [Jessica Simpson Sports Huge Baby Bump](#)
- ["Who's The Boss?" Star Turns 36 -- See More Child Stars Now!](#)
- [Olivia Wilde Chops Off Her Hair -- Like the Look?](#)



[About The Stir](#) ▪ [Contact Us](#) ▪ [Terms of Use](#) ▪ [Privacy Policy](#) ▪ [Mobile Version](#)

© 2011 CMI Marketing Inc. All rights reserved.